

LEARN TO EARN

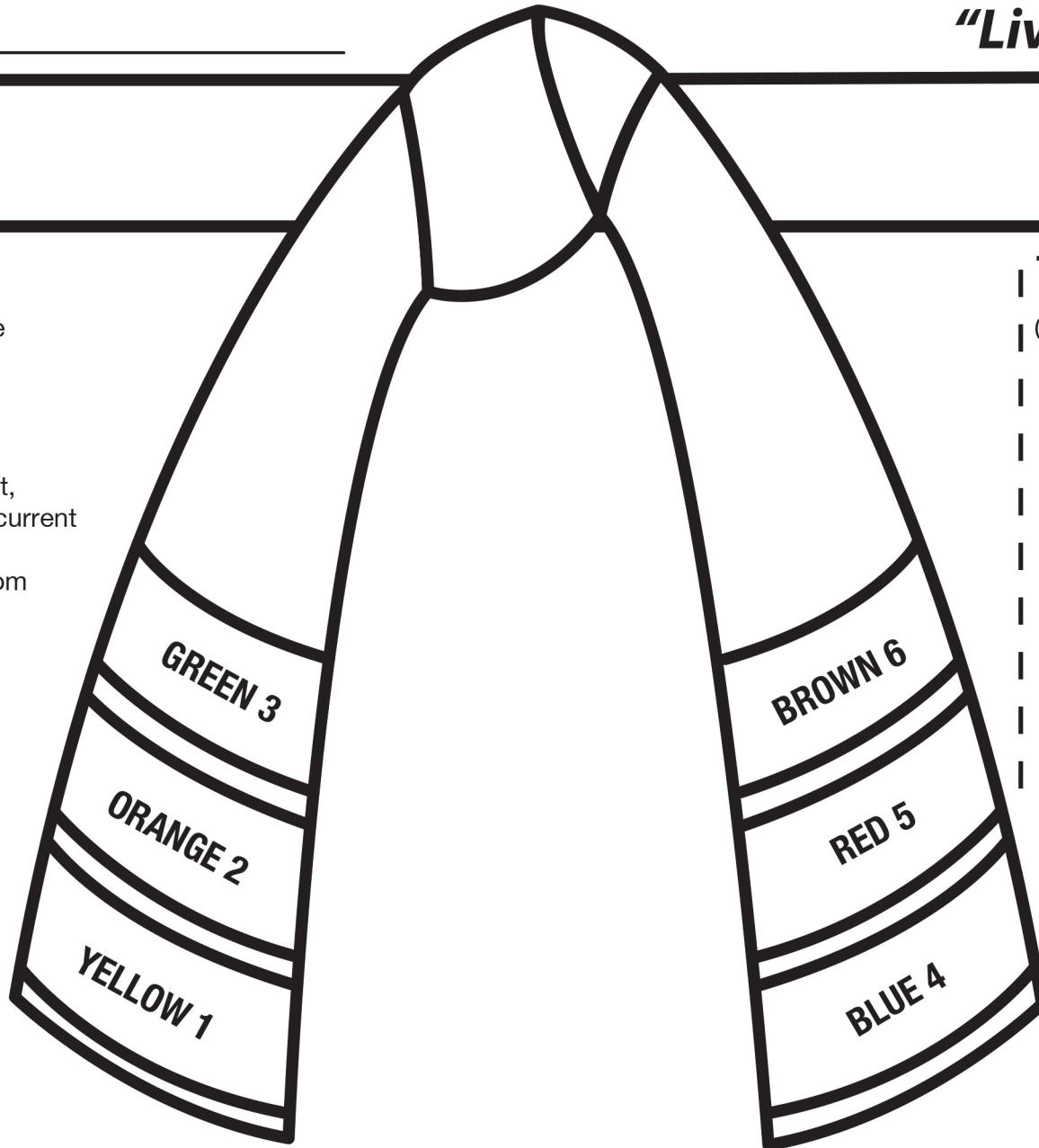
Name: _____

"Live your best life."

Color in your stripe when your instructor says you've earned it during your virtual live class. Once all six stripes are checked off and you have completed your fitness test, color in the belt with your current rank and send a picture to support@onemartialarts.com

Tips:

- Attend your online live virtual classes.
- Practice at home by using the videos in our mobile app (Look under curriculum.)
- Schedule complimentary one-on-one 15-minute virtual private lessons as needed for extra learning. (Look under curriculum)



DECEMBER BELT TESTING	
(Check off when instructor passes you.)	
Yellow Stripe 1	<input type="checkbox"/>
Orange Stripe 2	<input type="checkbox"/>
Green Stripe 3	<input type="checkbox"/>
Blue Stripe 4	<input type="checkbox"/>
Red Stripe 5	<input type="checkbox"/>
Brown Stripe 6	<input type="checkbox"/>
Fitness Test	<input type="checkbox"/>

What color is your belt now?: _____

Pass date: _____